



Contact TMRS

Phone • Fax • E-mail

Toll-Free: 800.924.8677

Local (in Austin): 512.476.7577

Fax: 512.476.5576

E-mail: phonecenter@tmrs.com

Where is TMRS located?

Location:

[1200 North Interstate 35](#)

Austin, TX 78701

Mailing Address:

P.O. Box 149153

Austin, TX 78714-9153

NOTE: For security reasons, it is not possible for TMRS staff to answer questions about your account via e-mail. If you have account-specific questions, please check your account using [MyTMRS](#) or call our office.

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Contact [Webmaster](#) for technical assistance or to report a broken link. For all other issues, please send e-mail to phonecenter@tmrs.com.